



Creative Clinical Supervision Training

Supporting Information

The Creative Clinical Supervision Training is an opportunity for you to develop your practice, to explore what it means to be a creative and embodied supervisor and in doing so enrich your personal and professional learning.

At Relight we recognise the existing experience and knowledge each person brings and how this enhances the learning for the individual and the whole group. With this in mind we aim to facilitate and guide a learning process rich in self and group exploration, where theory is embodied and knowledge is discovered through the creative process.

With a focus on the Seven Eyed Model (Hawkins & Shohet 2012) and Person-centred approach (Rogers 2004, Leonardi 2010, Mearns & Cooper 2018, Sanders 2012), we aim to enable the synthesis of a variety of theory and practice in a relatable way for each participant. Integrating individualised theoretical frameworks with supervision theory, embodiment and creativity. This is achieved through process led experiential learning, role play, reflective practice, small and larger group discussions, independent study, supervision practice, practical and written formative and summative assessments.

Summary of Content

• Seven eyed model of supervision	• Symbolism, metaphor and the creative process
• Person centred theory	• Socio-political and environmental context
• The multifaceted roles of the Supervisor	• Accountability, responsibility and mutuality
• Parallel process	• Intersectionality, power, prejudice, and unconscious bias
• Reflective practice	• Creativity in depth
• Relational dynamics	• Boundaries
• Somatic transference & kinaesthetic empathy	• Ethics
• Authentic movement & active listening	• Developing the autonomous supervisor

Entry requirements to the Creative Clinical Supervision Training

- Prospective trainees will complete a comprehensive application form
- Prospective trainees will receive an online interview
- DMP applicants must be either on the ADMPUK Private Practitioners Register or in the process of gaining private practice registration.
- For all other arts therapies, therapists and counsellors please check the governing body of your modality.
- Applicants must already be in clinical supervision for any clinical practice being undertaken.
- Applicants must have had minimum 40hrs of supervision post qualifying (1 month ratio) and have been in active practice for at least 3 years.
- Applicants on a UKCP pathway must have gained 450 clinical hours with a minimum of (75 supervision hours (1:6 ratio) and have been in practice for at least 3 years
- Active practice constitutes as a minimum of 2 clients a week at the time of application and during the training.
- A reference will be requested from the most current clinical supervisor to assure the applicant's appropriateness for undertaking the responsibility as a supervisor.

Venue

The Nest, Staple Hill, Bristol



Course Fees

The full fee of the training is £2,365

A non-refundable deposit of £500 is required to secure a place on the training, **payable upon receipt of invoice**

Invoice for the remaining fees will be issued after payment of the deposit with full payment due before the commencement of the training.

Late payments will incur a fee of £5 every day the invoice is passed its due date. If at course completion, full payment and/or any other outstanding fees have not been received, ReLight retains the right to withhold certificate of qualification or refuse acceptance onto future courses, events or activities.

Course Trainees must complete:

Assessments
will be via
a Creative Presentation
& 5000 word Assignment

- Reflective journal
- Log of 15h of supervision given and received



Clinical Supervision

PLEASE NOTE: The criteria here differs for **Dramatherapists and Dance movement Psychotherapists** as per guidelines set out by the respective associations.

Psychotherapists and Counsellors of all other modalities are advised to check with their respective associations as to supervision qualification guidelines.

- **Dramatherapists** can have a supervisor and supervisee of any modality as long as they are using creativity within their psychotherapy practice.

- **Dance Movement Psychotherapists** need a supervisor and supervisee who is either a DMP or a clinician who is invested in working with the body and imbed an embodied approach into their practice.
- **Trainee as Supervisor:** Trainees must take on a supervisee, offering a **minimum of 15 hours** of Creative Clinical Supervision. It is plausible that more than 1 supervisee might be needed to make the hours. ** Please see note above on the difference for Drama & Dance Movement Therapists.
- Due to being a trainee, it's advised to offer your supervision at a significantly reduced cost or free of charge.
- Supervision can be experienced both in person and online, however we **highly recommend** that in person supervision is practiced.
- **Trainee as Supervisee:** Trainees must undertake a **minimum of 15 hours** of Clinical Supervision by an external supervisor. ** Please see note above on the difference for Drama & Dance Movement Therapists.
- Supervision hours must be completed by the end of the training, however consideration will be given for unexpected circumstances

❖ Upon completion of the taught and assessed components and the required supervision hours ADMPUK will be informed for DMP's.

❖ ReLight training is recognized by BADth and upon completion Dramatherapists will be able to apply to the BADTh Supervision Subcommittee for application onto the BADTh Supervisors Register



Staffing

Linsey Clark RDMP and Rosie Strain, DTh are both Private Practitioners and Clinical Supervisors with extensive experience and will provide the overall facilitation of the training.

Other relevant and experienced DMP/DT's/integrative psychotherapists and professionals will be invited in to contribute at various stages of the training. Further information will be provided at the start of the course.



Rosie Strain

Course Director & Facilitator

Creative Arts Psychotherapist

Dramatherapist, Clinical Supervisor & Storyteller

Professional Memberships HCPC, BaDTH



Linsey Clark

Course Director & Facilitator

Creative Arts Psychotherapist

Dance Movement Psychotherapist, IFS Therapist,
& Clinical Supervisor

Professional Memberships UKCP, ADMPUK

Application forms for the ReLight Creative Clinical Supervision Training can be found on our website relightcreatively.co.uk/creative-clinical-supervision-training-south-west

CONTACT US

 info@relightcreatively.co.uk

 relightcreatively.co.uk

 ReLight

 @relightcreatively

